

Summer Newsletter

London Speech Therapy

Issue 3
July 2023



A Big Thank You!

Thank you for being part of our team, it's such a pleasure to work with you and your children.



Speech Therapy News

Wales welcome the use of communication boards in their playgrounds:

More than 300 communication boards with symbols in Welsh and English have been installed in Welsh parks and public spaces to help children communicate their needs. Find out more below - we would love this to be rolled out in the rest of the UK, what a great idea to support communication in a fun setting!

<https://www.bbc.co.uk/news/uk-wales-66086790>

Spotlight on DLD

- Developmental Language Disorder or DLD is a hidden but common disability that causes difficulties understanding and using language
- Around 1 in 14 people are affected
- There is no known cause, although it may run in families
- It affects a child's ability to learn in school because learning is mainly through language
- Find out more at radld.org
- Save the date - DLD Day is on Friday 20th October 2023

Research indicates adolescents with Developmental Language Disorder benefit from specialised support to develop their language skills.

Visit RADLD.org

Contact us:

 enquiries@londonspeechtherapy.co.uk |   @LondonSpeechTherapy

Fun games to support Speech and Language Therapy over the Summer holidays....

- **Water play:** What better time than summer to get outside and get wet! Water can be really motivating and fun for children so a great chance to help them learn new things without them realising! Talk about concepts 'wet' and 'dry'; verbs such as 'pouring', 'washing', 'splashing', 'spraying'; and vocabulary such as 'bucket', 'cup', 'fill', 'jump', 'splash'.
- **Story stones:** You might find lovely stones on your scavenger hunt at the beach - big ones are great to draw or paint pictures on with your child. You can use these to tell stories (draw characters, places, weather, objects on them to create a silly story) or draw pictures of the sound target you are working on to practice, or practise requesting for 'more' colours whilst drawing.
- **Chalk drawing:** Summer is a great time to get outside and with (hopefully!) little rain you can let your child draw on the patio or pavement with chalk! This is a great activity for creating games - you can even make your own snakes and ladders or hopscotch. If your child is practising learning sounds you can say a sound/word each time they have a go!
- **Beach/sand scavenger hunt:** Even if you are not off to the beach this summer you can still play this game in the sand at your local park! Hide things in the sand if at the park or look for things at the beach to find. Draw them on a piece of paper (or print the one off we have made for you at the end of this newsletter!) Once you have found the item tick it off your list. Talk about the new beach vocabulary and use the words lots throughout your day to help your child to learn them. You can even use the boards to play Bingo or snap!

LST Book Corner

The Colour Monster by Anna Llenas

We love The Colour Monster here at LST - a lovely, gentle story about emotions and exploring how your young person might be feeling. Emotions are linked to a colour and are a great way of helping children to understand feelings and that it is ok to feel all of them!

Try using the colours when your child is feeling particularly big emotions e.g. "You look like you're feeling cross and red. It's ok to feel cross, but it's not ok to hit". Try talking about other ways your child can deal with their feelings when they have **calmed down** e.g. they can stomp on the floor or a pillow!



Summer Beach Scavenger Hunt!



shell



sandcastle



seagull



ice cream



sun lotion



sunglasses



sun hat



beach
ball



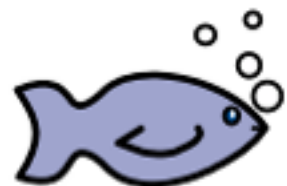
bucket



spade



umbrella



fish