

Spring Newsletter

London Speech Therapy

Issue 5
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A Big Thank You!

Thank you for being part of our team, it's such a pleasure to work with you and your children. We hope you have a wonderful Easter break!



Spotlight on Childhood Apraxia of Speech

Childhood Apraxia of Speech (CAS) is a type of speech sound disorder. You may have also heard it called Developmental Verbal Dyspraxia. Some things that you might notice if your child has CAS:

- Even close family members can't understand your child when they talk.
- Your child seems to change how they say words, so it is really hard to guess what they are saying. For example, when your child asks to play on the 'seesaw' it could come out as 'heegaw', 'geegaw' or 'eehaw'.
- The rhythm of your child's talking seems unusual, or they don't make their voice go up and down in a typical way.

Speech Therapy News

Speech and Language UK launch survey

The charity Speech and Language UK wants your help to take part in their new survey. They want to know what life is like for the 1.9 million children and young people who face challenges with talking and understanding words. Follow the link below to take part:

<https://speechandlanguage.org.uk/about-us/news-and-blogs/your-experience-matters-take-part-in-our-new-family-and-young-people-survey/>

Contact us:



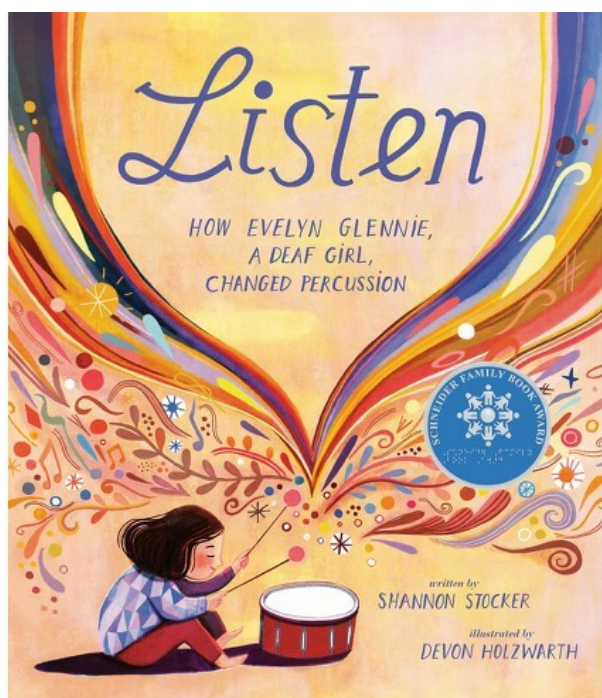
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@LondonSpeechTherapy

Fun games to support Speech and Language Therapy over the Easter break....

- **Egg hunt:** The classic Easter game! This is a great game for working on lots of speech and language targets. Try hiding pictures in eggs of words or sounds you are practising, or even hide eggs in/on/under items if you are working on prepositions. If you are practising listening games turn your eggs into shakers!
- **Cooking:** Choosing a favourite Easter recipe to make together can be a lovely way to model new vocabulary in a motivating and engaging environment as well as modelling concepts in a hand on way! Remember to include lots of verbs and adjectives as well as nouns e.g. mixing, pouring, sprinkling, chopping, big/small, in/on/under, up/down, hot/cold colours, smells... Easter chocolate nests are an easy and yummy choice!
- **Egg decorating:** Depending on how messy you want to get the choice is endless! Decorate paper eggs with felt pens, get crafty with cardboard eggs and stickers or if you are feeling very creative use natural dyes to dye real eggs. Use tumeric for yellow, blueberries for blue or beetroot for pink! Whilst decorating think about all of the language you might model or sounds you can work on.
- **Spring scavenger hunt:** As the weather slowly improves try getting out and about and looking for some spring items! This could be blossom on the trees, flowers sprouting up from bulbs, birds, squirrels, bees, feathers and even lambs on the farm! Use the attached visual to play along.



LST Book Corner

Listen by Sharon Stocker

A inspirational book telling the story of Dame Evelyn Glennie and how she found new ways to listen and to play music after she became deaf at a young age.

This delightful book explores how everyone can have a dream no matter who they are. The illustrations are beautiful and the message is one of determination and resilience.

Spring Scavenger Hunt!



egg



daffodil



chick



ladybird



bee



feather



blossom



lamb



butterfly



nest



squirrel



bird